

# Canadian Stone & Story Ceremony in Denmark, April 2007

*God sleeps in the rock  
dreams in the plant  
stirs in the animal  
and awakens in man*



## **What is a Stone Ceremony:**

Circle of stones, a medicine wheel is laid around the Inukshuk, the guidance of two aboriginal Canadian cultures bridging ancient wisdom into the creative tapestry of contemporary times.

## **Who are these people from Canada?**

**Mr. Carey McKiel** was born in Yellowknife, Northwest Territories, Canada on the rocky shores of Great Slave Lake, a lake nearly the size of all of Denmark! Being the first born of three brothers, their father a Royal Canadian Mounted Policeman, he was given the opportunity to live in many different places in Canada, but mostly under the aurora borealis (Northern Lights) dancing across the big open arctic skies. He lived in small Inuit villages in what has now become Nunavut (Our Land in Inuktitut) in the sixties and seventies.

Yellowknife, his birth place, was a returning point where Carey and his family eventually settled down. Soon after completing school and an apprenticeship, he started a business in construction that, within a few years, has grown to be one of the most successful in Northern Canada.

Carey, in his gentle and charismatic manner, has many a story to tell, from the fascinating legend of the Inukshuk, to the snowmobile-riding polar bear cub in Cape Dorset!

**Lone Sorensen**, a transplanted Dane, also lives in Yellowknife, right on top of the oldest rock in the world, granite and gneiss, 4.5 billion years old.

Lone was born out in the forests of Jutland, and as soon as she could get away with it, took flight to explore the world. After several years of traveling, she settled in Canada in 1988 and has made a beautiful life with kids, friends and a warm-hearted community surrounding her.

From working in a toilet paper factory in Norway, to coaching disabled people in Canada, Lone has done many things in her life. She is a server, she shoveled shit at horse farms, started her own business (not shoveling!), working for a big politician, and also facilitates healing work. She has training in breath work and a license to laugh, having trained as a Laughter Leader both with Dr. Madan Kataria and with Steve Wilson of World Laughter Tour. Lone, among many other inspiring events, is organizer of World Laughter Day, nailing the Canadian record attendance in 2005!



Carey & Lone share many passionate moments of ballroom dance, inspiring and challenging conversations harmonizing the male and female, complement and compliment. They practice living in love, light and happiness with self and with the other (which is mirror of self, hahaha). Both Lone and Carey are open and adventurous – they like to travel. Most recently they celebrated the Time of Love, Valentines Day, deep in the heart of the Rocky Mountains, in British Columbia, Canada, where they soaked and rejuvenated in Lussier Hot Springs and collected some of the rocks and stones for the Canadian Stone & Story Ceremony. They spent time on Cape Breton Island in Nova Scotia last fall, where Carey intuitively built an Inukshuk next a Stupa in Canada's only Tibetan Monastery, Gampo Abbey, built by Pema Chodron.

*“The greatness of Canada’s open spaces, pristine nature and people of many cultures living in peace, continuously inspires us come to the present moment to experience that Paradise is here now.”*

### **What are you getting into?**

You will not know what you are getting into, until you are having the experience! We do guarantee that it is something very worthwhile, like being shown a tool to attract more of what you want, or to heal something, or to just enjoy being with a bunch of wonderful people. The wheel will guide us!

Carey and Lone have joined forces in creating this insightful **EXPERI-shop**, (as in no more hard **workshop**), just light and enjoyable, playfully experiencing - experimenting with stories and stones and ceremonies! Being open to the law of attraction, to deliberately intend with intense feeling what will serve us in a higher way.

Carey will tell some of his amazing stories, sharing his experiences of a very unique way of growing up and he will show us what he learned from the Inuit people, whom are close to his heart: how to build the Inukshuk – the Inuit symbol of guiding us to the way home.

Lone will lead us further into the Canadian Stone Ceremony. We will smudge and cleanse, create sacred space and continue to build a strong force of energies around the Inukshuk. We will build the Medicine Wheel! We blend and weave these two, we live, we laugh, we give and receive gifts. And we will learn from the wheel as we go along. The power of these ancient methods combined with the current higher vibration is now available for us to use for higher good, for more ha ha happiness, for peace and inner joy.

### **What will I get out of it?**

You will get as much as you want out of it. Ask for what you want and it shall be given!

You will be part of the greater wheel of life. You already are. This is an opportunity to gain a deeper understanding of how connected we really are and how powerful our setting an intention truly is.

You will be given some tools to build your life, symbolized with stones and rocks, combining ancient methods with today's awareness, into what you have wished for and dreamed of, what you would like to order in the “big catalogue of the universe”.

The intensity of intention and feeling that you put in will be matched with the greatness of the gifts that you will receive from this workshop.

The Medicine Wheel will become an Attraction Wheel, a Power Wheel!

## **The events:**

Carey and Lone are now making their way to Europe to attend The Laughter Festival in Liseleje, April 13 to 15, 2007.

**April 15:** A one hour Canadian Stone Ceremony at the Laughter Festival.

**April 17:** An evening Canadian Stone & Story Ceremony in Løsning by Horsens on April 17, 2007. Contact **Leif Pedersen, Energimedinsk Klinik 75 56 08 38** [lp@energimed.dk](mailto:lp@energimed.dk) for more information. Cost: 300 Kr.

**April 21:** A full day Canadian Stone & Stories Ceremony will be held in Copenhagen from 09:30 to 16:30 at Det Økologiske Inspirationshus, Allégade 7 – 9, Frederiksberg. Contact **Marianne Lipka 28 29 11 22** [marianne@lipka.dk](mailto:marianne@lipka.dk) to register. Cost: 1,000 Kr.

Or contact Lone Sorensen, Yellowknife: +1-867-766-4466 [laugh@borealis-coop.nt.ca](mailto:laugh@borealis-coop.nt.ca)

**Instructions to participants:** Please bring stones or rocks.

\*\* The events will be conducted in a mix of Danish but mostly English. Translation is available.\*\*

## **Definitions:**

**Inukshuk** meaning "likeness of a person" in Inuktitut (the Inuit language) is a stone figure made by the Inuit. The Inuit make the inukshuk in different forms and for different purposes: to show the way home, to show directions to travelers, to warn of impending danger, to mark a place of respect, or to act as helpers in the hunting of caribou. Similar stone figures were made all over the world in ancient times, but the Arctic is one of the few places where they still stand. An inukshuk can be small or large, a single rock, several rocks balanced on each other, round boulders or flat.

**Medicine Wheel.** The teachings found on the Medicine Wheel create a holistic foundation for human behaviour and interaction; the teachings are about walking the earth in a peaceful and good way; they assist in helping to seek healthy minds (East) strong inner spirits (South), inner peace (West), strong, healthy bodies (North). A Medicine Wheel can best be described as a mirror within which everything about the human condition is reflected back. It requires courage to look into the mirror and really see what is being reflected back about an individual's life. The Medicine Wheel and its sacred teachings assist individuals along the path towards mental, spiritual, emotional and physical enlightenment.

